

Letter Submission

www.abovetherug.com

Letter Submission Purpose

Postvention is Prevention. The exhibit, **Faces After Suicide**, will feature ink drawings of suicide loss survivors, local and global prevention resources, and a growing wall of letters written by suicide loss survivors to their deceased. The more letters that are written, the more viewers will see the pain and destruction a suicide can unknowingly leave behind. Your voice matters in prevention.

What You Can Do

On a sheet of paper of your choice write a one page letter to your loved one who died by suicide letting them know how their death has affected your life. What would you like to tell them if they were here? Any emotions you are feeling are encouraged to be expressed, however colorful they maybe. There are no wrong feelings after a suicide.

Requirements

- The letter must be one **handwritten** letter to your loved one who has died by suicide reflecting how their suicide has affected your life. **Write your letter like you are writing your loved one who is deceased.**
- Front side ONLY, One page ONLY, Needs to be separate from the Letter Submission Form
- **No** typed, scanned, or emailed letters will be accepted
- **No** larger than a 8 ½” x 11” sheet of paper
- Fill out and print Letter Submission Form (**make sure to sign at the bottom**)
- Mail letter submission form and your letter to:

**Above the Rug
4146 Cambridge St.
Kansas City, Kansas
66103**

Letter Submission Form

Your Full Name: _____

Your Age: _____

Parent or Guardian's Name (if you are under the age of 18): _____

Full Name of loved one who died by suicide: _____

Relationship to your loved one (spouse, child, parent, sibling, etc.): _____

Phone Number: _____

Email Address: _____

I, _____ (**signature required, parent/guardian signature required if submission is from someone under the age of 18**) hereby grant Lindsey Doolittle full permission to allow my letter submission to be publicly viewed in an art exhibit and/or future book publication. I understand that I will not be granted royalties or compensation for my submission. I also understand that my letter will be viewed for submission and may not be used if failure to complete the letter submission purpose or requirements.